



Invitation

In order to promote team building and raise funds for our back-to-school charity, Omulunga Radio would like to extend an invitation to your team to participate in our annual sport day. Which will happen on 28 October 2023, Oshakati independence stadium. These events are only open to companies or organizations, and the games will last 50 minutes each with a 5-minute halftime. Each half lasts 25 minutes.

Bring your team together for an activity outside of the office to foster teamwork.

Winning prize N\$ 20 000 – 00 in total

Registration fee per team: N\$ 1 500 – 00

1st place; N\$ 10 000 - 00 + Trophy and medals

2nd place N\$ 7000 - 00 + Medal

3rd place N\$ 3000 - 00 + Medal

Join one of the 10 teams that will take part in these competitions.

Pay the registration fee to Namibia Future Media Holdings (pty) LTD
Bank Windhoek, Acc NR; CHK – 802 569 1317
Branch code: 481 -972
Ref, sport day

For more information call Lukas 0816500903

Directors: M Böhm, IPM Matthews, D Visser, C Thompson(SA), J Mandy, GC Stroebe(SA)



Coach Name: _____

Team Name: _____

[illegible]



Rule of the Games:

1. Games will last 25 minutes total, including a 5-minute halftime.
2. As soon as the previous match is over, teams must be prepared to take the field. If you don't, you lose the game or points.
3. Three. Only five players, the head coach, and an assistant coach are permitted in the technical area.
- 4. All disputes should be brought to the organizers' attention, and the referee's judgment is to be recognized as final.
- 5. Players may substitute at any moment after the halfway point. Prior to replacement, substituted players must leave the field. It is possible to substitute up to six players.
- 6. Red card recipients will be benched for one game.
7. The referee can impose penalties for insults and abusive language.
8. Time must be respected, and when the game is in the middle of a half, the following team must get ready.
9. The timing of the kickoff will be determined at the draw.
10. Teams that engage in improper behavior will be eliminated from the competition.